

## Overseas Relocation - TRICARE Portability

### TRICARE Overseas

<http://www.tricare.osd.mil/overseas/>

### TRICARE Beneficiary Information

<http://www.tricare.osd.mil/beneficiary/>

### TRICARE Website

<http://www.tricare.osd.mil/>

### TRICARE Dental

<http://www.ucci.com/was/uccweb/tdp/tdp.jsp>

## Enrollment Portability

Your TRICARE Prime enrollment is portable, meaning you can easily transfer your coverage whenever or wherever you move. You may transfer your enrollment as often as needed. Follow these simple steps to ensure you have no break in coverage when you move.

1. Do not disenroll from TRICARE Prime before you move.
2. Update your personal information in the Defense Enrollment Eligibility Reporting System (DEERS). You have two options:
  - Visit the Beneficiary Web Enrollment Web site  
(<https://www.dmdc.osd.mil/appj/bwe/indexAction.do>)
  - Visit the DEERS Web site  
(<https://www.dmdc.osd.mil/appj/address/indexAction.do>)
3. Transfer your Prime coverage within 30 days of arriving at your new location.

## Outside of the United States

When you move overseas, you'll transfer your enrollment to either TRICARE Prime Overseas or TRICARE Global Remote Overseas depending on where you live. If family members accompany you on orders and are command-sponsored, they can also enroll in either overseas Prime option.

In either case, you'll need to submit a TRICARE Prime Overseas Enrollment Form to the TRICARE Area Office in your new overseas region. The enrollment transfer is effective for your whole family when the TRICARE Area Office receives the form.

If family members don't enroll with you, they'll be covered under TRICARE Standard Overseas.

There are some limitations in health care services and pharmacy coverage overseas. Check with the TRICARE Area Office for details.

### **TRICARE Contractor Contacts Overseas**

**TRICARE Overseas:** 1-888-777-8343

(TRICARE Europe, TRICARE Latin America and Canada, and TRICARE Pacific)